

***SCHOOL BOARD/ SNOW RESORT***

***SAFETY GUIDELINES***

***FOR***

***OUT-OF-SCHOOL TRIPS FOR***

***WINTER SPORTS EDUCATION  
PROGRAMS***

***Ontario School Boards Insurance  
Exchange (OSBIE)  
Ontario Snow Resorts Association (OSRA)  
Revised: September, 2009***

## **A. CO-OPERATIVE EFFORT**

OSBIE Consulted with OSRA Member Snow School Instructors in the production of this document.

## **B. RISK FACTOR**

It should be understood by OSBIE Members that the production of this safety document should not be interpreted as an endorsement of school participation in such activities offered at snow resorts. OSBIE recommends caution in undertaking all risky activities. If, after careful consideration of the risk of the excursion, the age, skill and knowledge level of the students, and the qualifications of the supervisors, snow excursions are permitted, this document provides minimum safety standards for schools to follow.

## **C. LEGAL DOCUMENT**

This document is not a legal document. It is intended to provide accurate information about the subject matter. It is distributed with the understanding that the authors are not engaged in rendering legal or other professional services. Specifically, the recommendations contained herein are guidelines only, and not legal advice and the authors do not warrant, in any manner their suitability for any particular usage. If legal advice or other expert assistance is required, the services of a solicitor or other competent professional, with knowledge of all laws pertaining to the reader and the jurisdiction should be sought.

## **D. DISCLAIMER**

This document was prepared as a guideline for the exclusive use of Ontario School Boards that are members of the Ontario School Boards' Insurance Exchange (OSBIE), having specific regard to the particular circumstances, needs and intended uses of School Boards in Ontario. This document shall not be used in any way by anyone else without prior written consent of The Ontario School Boards' Insurance Exchange. In any event, the Ontario School Boards' Insurance Exchange and the Ontario Snow Resorts Association do not accept liability or responsibility for any occurrence arising out of the use of this document by any school board, any other person, organization or agency.



## **RATIONALE**

### **EDUCATION AND SAFETY GO HAND-IN-HAND**

Out-of class winter sports excursions, including skiing, snowboarding, tubing, snowblading, among others, are designed to be an extension of the classroom and are provided for the purpose of instructing and enhancing the skills and knowledge of students. Accordingly, an instructional component should be designed and be mandatory for students at all levels of ability.

The safety of students while participating in out-of school winter sports education programs must be one of the most important considerations. Over the past few years, winter excursions involving skiing and snowboarding have resulted in serious injuries and death. As a result, some schools cancelled these trips. Others are finding ways to continue the excursions and make them safer for students through education. Classes highlight the safety aspect of skiing and snowboarding and other permitted activities. Students learn how to ski and snowboard in control for their own safety and the safety of others.

Following lessons, students must use trails commensurate with their abilities. While skiing in groups is recommended, it should be recognized that one-on-one supervision is not possible. Because of the nature of skiing, schools should be using an “in the area” supervision format which requires the teacher and parent volunteer (supervisor) to maintain a presence in the area of trails or ski runs for use by the students as determined by the resort instructors.

The Ontario Physical and Health Education Association (OPHEA) provides that “in the area” supervision means: *“the teacher must be readily accessible and at least one of the following criteria is in place:*

- *Teacher is circulating;*
- *Exact location of teacher is known and location is nearby; or*
- *Teacher is visible.*

The OPHEA Ontario Physical Education Safety Guidelines provide that “in the area” supervision applies for Skiing (Alpine), Snowboarding, Snowblading and Cross-Country Skiing.

**Effective September, 2009, all participants must wear an appropriate snow sport helmet for school excursions to OSRA member facilities. OSBIE recommends that schools adopt a mandatory snow sport helmet use policy regardless of ski facility locations.**



The guidelines detailed herein apply to all school boards that are members of the Ontario School Boards' Insurance Exchange and have been endorsed by the participating resort members for the Ontario Snow Resorts Association (OSRA). School boards that elect to use resorts outside of Ontario or resorts that are not members of OSRA, should follow these guidelines and outline the requirements to the resort personnel prior to booking.

It is intended that these safety guidelines will be followed by all Principals and staff involved in the planning of winter sports education programs. The member resorts of OSRA who meet the Province of Ontario Regulations and Standards endorse these Guidelines. The Guidelines complement the "Physical Education Ontario Safety Guidelines" published by the Ontario Physical Health Education Association (OPHEA) that should be followed in the planning of all winter sports education programs.

To view a list of provincial OSRA member resorts, log on to:

[www.skiontario.ca](http://www.skiontario.ca)

Common sense, proper planning and good supervision will result in enjoyable and safe learning experiences for students.



## **PLANNING FOR SKI AND SNOWBOARDING EDUCATION PROGRAMS**

There is no substitute for careful planning. Parents and students must be informed of all the details of the trip, excursion, or educational program. Information packages should include what is offered in the education program: lessons, progressive sticker procedure, upgrading, assigned groups by ability and the need for students to utilize runs and terrain commensurate with the student's ability as determined by the snow resort's teaching staff. **The documents contained in this guideline are only available in English or French. Consideration should be made for non-English/French speaking parents and students to ensure there is a clear understanding of the risks, safety rules and use of consent forms. OSBIE recommends the use of a multi-lingual cover page to stress the importance of the ski/snowboarding documents to these families (see Appendix #1 for a sample cover page). This cover page is intended to stress the importance of advising anyone not speaking English or French to take the consent forms to someone who can explain it.**

Teachers and parent volunteer supervisors must be aware of the environment or situation to which the students will be exposed and be able to realistically provide adequate "in the area" supervision. Parent volunteer supervisors will receive written instructions on their supervisory duties and will attend an orientation meeting at the resort. Parent and teacher supervisors will receive identifying arm bands at this time. (See Volunteer/Teacher Orientation – Page 5)

It must be emphasized that the Principal and staff are responsible for the students' safety orientation. Resorts may have classroom orientation material available for this purpose. The teacher responsible for coordinating the venture must make certain that all applicable recommendations are adhered to. The Principal and staff are also responsible for ensuring that important aspects, such as pupil/teacher ratios, telephone contacts, and that emergency procedures are provided for and in-place prior to the trip. There should be sufficient instructor/supervisors to accommodate all classes.

Do not take for granted that "someone else" is assuming an important role in the planning of the winter sport education program. Teachers are expected to be responsible for ensuring that there is "in the area" supervision at all times - the ski resort reserves the right to revoke the lift/ski ticket of any participant for infractions of rules, policy regulations or unacceptable conduct.

### **SKI EXCURSION FORMS**

1. Use the School Board Approved outdoor education and excursion forms to request permission for excursion.
2. Obtain written parental permission for all out-of-school snow sport trips. Use the "Note To Parents and Students" form (Appendix #1) for this purpose. This form, completed in



duplicate with signature of Parent and Student is to be retained; one copy for school file and one copy retained by the ski resort (if requested by the resort).

## **INFORMED CONSENT/PERMISSION FORMS SHOULD BE ACTIVITY SPECIFIC**

The “Note to Parents and Students” form (Appendix #1) should be specific to the snow sport activity in which the student is participating. If students are snowboarding or involved in another type of activity rather than skiing, this should be indicated on the Consent Form.

If other activities such as tubing or snowblading are allowed, parents should sign permission forms that allow the child to participate in that specific activity. The form should list the risks inherent in the activity.

### **SKI TRIP PREPARATION KIT**

1. Receive conceptual approval for ski excursion from the Principal. Request should include number of supervisors – teachers & volunteers, and include skill level of supervisors. Supervisors of excursions should be experienced in the activities being permitted – i.e. skiing, snowboarding, snowblading or tubing.
2. Book date and numbers with resort. Ensure resort can accommodate lessons for all students. Non-skiers/snowboarders and/or beginners must have lessons **before** being permitted on trails.
3. Arrange transportation.
4. Complete required Board of Education excursion forms and submit to Principal for appropriate School Board Superintendent approval, if required.
5. Complete parental letter in duplicate (Appendix #1). Information package to include student classification information (Appendix #2).
6. Send home parent information package for parental permission and signature. If students are renting equipment, the student and parent must sign the Equipment Rental Agreement.
7. Collect signed parental permission forms for each student. Collect Equipment Rental Agreement from those students who will be renting equipment.
8. Establish ski/snowboarding classification groups (see Appendix #2). Assign supervisors in appropriate ratios to groups. The ratio of students to supervisors



should not be higher than the ratios in the OPHEA Physical Education Ontario Safety Guidelines. Improvement on ratios can be achieved with more qualified supervisors, including volunteer parents who are experienced in the sport. Inform resort of group sizes and number of rentals required.

9. Written instructions for Volunteer Supervisors. Review supervision of snow sport trips and provide supervisors a copy of the supervisory duties (page 6).
10. Only parent supervisors who have received the written instructions on supervisory duties should be permitted on a school excursion.
11. Meet with students to discuss and establish:

Teacher/Student/Volunteer Supervision

Behavioral Expectations – Alpine Responsibility Code and Nordic Responsibility Code

Share safety information – **Check with the resort for local safety rules and resources**

Identification of Groups and name of supervisor assigned to each group

Compulsory lesson schedule

After-lesson Expectations

Student I.D.

Organizational Plans on the Day

Other Resources:

School Video (where applicable)

RESPECT Video

Little RESPECT Video

Alpine Responsibility Poster (Appendix # 6)

Look, Load and Lower Poster (Appendix # 7)

Terrain Signage (Appendix # 8)

Terrain Park and Half Pipe Signage

Lids on Kids – <http://www.lidsonkids.org/home.asp>



## **VOLUNTEER SUPERVISOR ORIENTATION FOR SNOW SPORT TRIPS**

- 1) A meeting with the principal and/or teacher in charge, the volunteer supervisors and other teaching staff is highly recommended. The purpose of this meeting is to review the duties of supervisors, and what is expected of supervisors on snow sport trips.
- 2) Volunteers must be competent in the sport they are supervising. Ability should be assessed prior to assigning volunteer duties. The most experienced volunteers should be assigned to the more advanced groups of students. If activities such as snowboarding, tubing or snowblading are permitted, the supervisors assigned to these activities should have experience in the activity.
- 3) One supervisor will be assigned to base camp for emergencies, and to assist with supervision over lunch. **This is the only supervisory position that can be filled by a non-skier/snowboarder.** The supervisor at the base camp should identify where the emergency facilities are located, have a list of students with emergency contact numbers, know the location of a phone, identify and understand the resort's emergency procedures for transporting injured students to hospital.
- 4) Supervisors will circulate and maintain a visible presence on the trails/runs commensurate with the abilities of students. Supervisors should arrange "check-in" times during the day for their groups to meet and review progress.
- 5) While students are receiving their lessons, supervisors will review instructions provided by the resort previously referred to in the "Planning for Ski and Snowboarding Education Programs section (Page 3). When completed, the supervisors will proceed to the trails/runs to conduct "in the area" supervision for their group.
- 6) The volunteer supervisors will be instructed on the school and the resort's code of behavior. The supervisor will be informed as to what to do in the event of misconduct on the part of the student and that the ski resort will cancel the lift pass for any offenders. Supervisors are expected to **assist** (not replace) resort staff in enforcing rules and safety practices. Volunteer supervisors should bring persistent offenses to the attention of teachers or resort staff. **Do not ignore dangerous behavior!**
- 7) Both parent volunteer and teacher supervisors should be identified with high visibility fluorescent orange (or similar color) arm bands or vests provided by the resort.
- 8) Volunteer Supervisors will be asked to sign a disclaimer holding the school board harmless from claims for injuries they sustain while supervising snow sport education trips. The disclaimer should advise the volunteer that the school board does not have accident or WSIB insurance for them.
- 9) All participants must wear an appropriate snow sport helmet for school excursions to OSRA member facilities. OSBIE recommends that schools adopt a mandatory snow sport helmet policy for all participants of the school excursion, regardless of facility location.



## CONTROL PROCEDURES FOR ALPINE SPORTS

The teacher in charge must make contact with the ski resort operator prior to the trip in order to arrange student identification and controls procedure:

- a) Students are to be identified by the supervising teachers as described by the parent's signed acknowledgement of the student's ability classification as detailed in Appendix #2.
- b) **Effective September, 2009, all participants must wear an appropriate snow sport helmet for school excursions to OSRA member facilities. OSBIE recommends that schools adopt a mandatory snow sport helmet use policy regardless of ski facility locations.**
- c) All students will have their abilities verified by a certified (CSIA/CSCF/CASI) ski/snowboard instructor by having students demonstrate their skills on suitable beginner/novice terrain at the start of the day. Classifications must be based on visual assessment of performance prior to, or on the morning of, the trip.
- d) Students will be placed in groups according to ability. The snow school instructors will make the final determination of the participant's ability and will provide each student with a color coded mark or sticker which will indicate the designation of trails/runs a student may use. Students who have been identified by a school or resort member as having an ADVANCED level of competence will be taking separate lessons and will receive color coding to allow them on the more difficult hills/runs as determined by the resort instructors.

OSRA trail marking system – See Appendix # 8.

- e) Students who are NON-SKIERS/SNOWBOARDERS, NOVICES or BEGINNERS, will be directed to their lessons immediately following the ski-off. After their lessons, they will be assigned to work on the skills introduced in the lesson on trails commensurate with their abilities.
- f) Teacher and parent volunteer/supervisors will conduct “in the area” supervision on the hills/runs used by the students. If a student is found to be on a trail not permitted by the student's classification, the supervisor shall direct the student to the correct hill/run. The resort staff, including lift operators, instructors and ski patrol are primarily responsible to ensure students receive proper instructions and to enforce that students only use hills/runs identified by the color coded mark or sticker.
- g) It is recommended that if a serious injury situation should arise, the teacher, or volunteer supervisor, in cooperation with the ski resort Duty manager, will follow the



resort's emergency procedures. It should be determined, in advance, what the procedures are and what first aid assistance is available. The teacher in charge of their delegates should follow school board procedures regarding notification of parents and completing incident reports.

### **CONTROL PROCEDURES - CROSS COUNTRY SKIING**

The teacher in charge must make contact with the resort operator prior to the trip in order to confirm final number of students participating in the program and all other details about the group's visit.

- a) Students are to be divided by the supervising teachers into levels of ability, (described in Appendix -2) as established by the parent under the Acknowledgement section of the Letters To Parents and Students (Appendix -1). The teacher in charge will, along with ski resort staff, emphasize to the students that once they receive permission to use specified trails, that they must not go on those trails above their ability.
- b) After their lessons, the student will be informed whether their ability will permit them to ski more advanced trails. The snow school instructors, in consultation with the teacher, will identify the trail(s) the students are permitted to use. Students may be re-assessed to a more advanced trail later in the day as they improve. Supervisors will be assigned to each group in order to provide "in the area" supervision and will use the same trails as the group for the remainder of the day. On trails where it is possible to lose sight of students, it is recommended that the supervisors be positioned at the front and the back of the group.
- c) It is recommended that if a serious injury situation should arise, the teacher, in cooperation with the resort manager, will follow the resort's emergency procedures. It should be determined in advance what procedures are, and what first aid assistance is available. The teacher in charge or their delegate should follow school board procedures with respect to notifying parents and completing incident reports.
- d) The teacher in charge of the students is responsible for the students at all times during the visit except when students are in their lesson. Teachers and volunteer supervisors should accompany their assigned group of students to their lessons to be able to reinforce the instructor's lessons over the course of the day.



## ARRIVAL PROCEDURES

The following guidelines pertain to ALL SNOW SPORT EDUCATION PROGRAMS:

1. Teacher advises Reception/Information desk of arrival and obtains tickets. Students are to remain on the bus or follow procedures as previously arranged.
2. Ski resort staff board bus or assembles students in base lodge chalet to welcome and explain in detail - resort area procedure, organize groups for rental equipment, lessons by ski ability. Trail conditions will be reviewed, the lifts in operation will be identified, as well as the number of trails open. Trail maps will be provided, along with equipment locker storage, ski school assembly area will be identified, and departure instructions will be outlined
3. Resort staff will review the Alpine Responsibility Code and other related rules and regulations. Resort staff will advise group of the ticket removal penalty for violations of the Alpine Responsibility Code. Resort staff will explain signage on the trails. Teachers will sign the resort form acknowledging receipt of resort information and instructions.
4. Resort staff and teacher take students renting equipment to rental shop. Where applicable. Signed copies of the Equipment Rental Agreement will be collected from students who are renting equipment.
5. Students are tested to determine and verify classification at the snow school area. All snow sport education programs must include this component and have a built-in instructional period. **No school program is to be organized without this important aspect.** Non-skiers/snowboarders, etc. **must** have lessons prior to being permitted on the trails.
6. Teacher will assign supervisors to designated trails/runs commensurate with their abilities as outlined in Appendix 2. Students will be instructed to stay within designated areas commensurate with their ability as determined by the ski resort's ski and snowboarding staff.
7. **All participants must wear an appropriate snow sport helmet for school excursions to OSRA member facilities. OSBIE recommends that schools adopt a mandatory snow sport helmet use policy regardless of ski facility locations.**



## **ALPINE RESPONSIBILITY CODE – DOWNHILL**

Officially endorsed by: ONTARIO SNOW RESORTS ASSOCIATION

**THERE ARE ELEMENTS OF RISK IN SKIING AND SNOWBOARDING THAT COMMON SENSE AND PERSONAL AWARENESS CAN HELP REDUCE. REGARDLESS OF HOW YOU DECIDE TO USE THE TRAILS, ALWAYS SHOW COURTESY TO OTHERS. PLEASE ADHERE TO THE CODE LISTED BELOW AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A GREAT OUTDOOR EXPERIENCE.**

1. Always stay in control. You must be able to stop or avoid other people or objects.
2. People ahead of you have the right-of way. It is your responsibility to avoid them.
3. Do not stop where you obstruct a trail or are not visible from above.
4. Before starting downhill or merging onto a trail, look uphill and yield to others.
5. If you are involved in or witness a collision or accident, you must remain at the scene and identify yourself to the Ski Patrol.
6. Always use proper devices to help prevent runaway equipment.
7. Observe and obey all posted signs and warnings.
8. Keep off closed trails and closed areas.
9. You must not use lifts or terrain if your ability is impaired through use of alcohol or drugs.
10. You must have sufficient physical dexterity, ability and knowledge to safely load, ride and unload lifts. If in doubt, ask the lift attendant.

**KNOW THE CODE – BE SAFETY CONCIOUS – IT IS YOUR RESPONSIBILITY**

***ALL PARTICIPANTS MUST WEAR AN APPROPRIATE SNOW SPORT HELMET FOR SCHOOL EXCURSIONS TO OSRA MEMBER FACILITIES.***

***OSBIE RECOMMENDS THAT SCHOOLS ADOPT A MANDATORY SNOW SPORT HELMET POLICY FOR ALL EXCURSIONS REGARDLESS OF FACILITY LOCATION.***



## **NORDIC SKIER'S RESPONSIBILITY CODE - CROSS COUNTRY**

Officially endorsed by: ONTARIO SNOW RESORTS ASSOCIATION

**THERE ARE ELEMENTS OF RISK THAT COMMON SENSE AND PERSONAL AWARENESS CAN HELP REDUCE. REGARDLESS OF HOW YOU DECIDE TO USE THE TRAILS, ALWAYS SHOW COURTESY TO OTHERS. PLEASE ADHERE TO THE CODE LISTED BELOW AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A GREAT OUTDOOR EXPERIENCE.**

1. You must remain in control and proceed in such a manner that you can stop or avoid other people or objects.
2. As you proceed downhill or overtake another person, you must avoid the persons below or beside you.
3. Do not stop where you obstruct a trail or are not visible from above.
4. When entering a trail or starting downhill, look uphill and yield to others.
5. If you are involved in or witness a collision or accident you must remain at the scene and identify yourself to the Ski Patrol.
6. Ski only on the marked trails and in the proper direction as indicated by the trail markers.
7. You must keep off closed trails and observe and obey all signs and warnings.
8. Please leave the wilderness area for others to enjoy as you have.

***KNOW THE CODE - BE SAFETY CONSCIOUS  
IT IS YOUR RESPONSIBILITY***

***BE AWARE – CROSS COUNTRY SKI WITH CARE!***



## **SNOWBOARDING**

***IN ADDITION TO THE ALPINE RESPONSIBILITY CODE, SNOWBOARDERS SHOULD ALSO BE AWARE OF THE FOLLOWING:***

***Freestyle Terrain Signage (See Appendix # 9)***

***Freestyle Terrain has four (4) levels of progression and designation for size. It is the snowboarder's responsibility to be familiar with the terrain before attempting the run.***

***Freestyle Terrain Designations are relative to each resort (See Appendix # 10).***

***ALL PARTICIPANTS MUST WEAR AN APPROPRIATE SNOW SPORT HELMET AND WRIST GUARDS FOR SCHOOL EXCURSIONS TO OSRA MEMBER FACILITIES.***

***OSBIE RECOMMENDS THAT SCHOOLS ADOPT A MANDATORY SNOW SPORT HELMET POLICY FOR ALL EXCURSIONS REGARDLESS OF FACILITY LOCATION.***



## NOTE TO PARENTS AND STUDENTS - APPENDIX #1

TEMPLATE ONLY

This is an important document.  
Please take it to someone who can explain it to you.

<b>Arabic:</b>	هذه وثيقة مهمة. يرجى منك أخذها لشخص يستطيع شرحها لك.
<b>Chinese:</b>	这是一份重要文件。 请您将它拿给可以向您解释此文件的人。
<b>Farsi:</b>	این مدرک مهم است. لطفاً آنرا نزد شخصی که بتواند در مورد آن به شما توضیح دهد ببرید.
<b>Gujarati:</b>	આ એક અગત્યનું દસ્તાવેજ છે. મહેરબાની કરી તે કોઈ પાસે લઈ જાઓ જે આપને સમજાવી શકે.
<b>Hebrew:</b>	אנא קח איתו למישהו שיכול להסביר לך את זה. בסדר זה חשוב מאד.
<b>Hindi:</b>	यह एक महत्वपूर्ण दस्तावेज़ है. कृपया इसे किसी ऐसे व्यक्ति को दिखाएँ जो इसे आपको समझा सके .
<b>Khmer:</b>	វិញ្ញាបនបត្រនេះ គឺ ជា ឯកសារ មួយ ដែល មាន តម្លៃ ខ្ពស់ ណាស់ សូម យក វា ទៅ ជូន មនុស្ស ម្នាក់ ទៀត ដើម្បី ពន្យល់ ឲ្យ យល់ បាន ល្អ ជាង មុន ទៅ វា ទៀត
<b>Korean:</b>	이것은 중요한 문서입니다. 내용을 설명해줄 수 있는 분에게 보여드리십시오.
<b>Punjabi:</b>	ਇਹ ਇਕੋ ਜ਼ਰੂਰੀ ਦਸਤਾਵੇਜ਼ ਹੈ . ਕ੍ਰਿਪਾ ਕਰਕੇ ਇਸਨੂੰ ਕਿਸੀ ਅਜਿਹੇ ਵਿਅਕਤੀ ਕੋਲ ਲੇ ਜਾਓ ਜੋ ਇਸਨੂੰ ਆਪ ਨੂੰ ਸਮਝਾ ਸਕੇ.
<b>Romanian:</b>	Acest document este foarte important. Apelati la cineva care va poate ajuta sa-l intelegeti.
<b>Russian:</b>	Это важный документ. Пожалуйста, обратитесь к кому-либо, кто сумеет Вам его разъяснить.
<b>Spanish:</b>	Este es un documento importante. Lléveselo a alguien que pueda explicárselo.
<b>Tamil:</b>	இது ஒரு முக்கிய ஆவணம். தயவுசெய்து இதனை உங்களுக்கு விளக்கப்படுத்தக்கூடிய யாராவது ஒருவரிடம் எடுத்துச் செல்க.
<b>Urdu:</b>	یہ ایک اہم دستاویز ہے۔ براہ مہربانی اسے اس فرد کے پاس لے جائیں جو آپ کیلئے اس کی وضاحت کر سکے۔
<b>Vietnamese:</b>	Tài liệu này quan trọng. Xin đưa tài liệu này cho người nào có thể giải thích nội dung cho quý vị rõ.



## NOTE TO PARENTS AND STUDENTS - APPENDIX #1

\_\_\_\_\_(School Name)\_\_\_\_\_ is arranging a trip for students to go to \_\_\_\_\_(Name of Resort)\_\_\_\_\_ to ski (snowboard/snowblade/tubing). This signed form is required for all students who wish to participate in this outdoor recreation and snow sport education program. It should be understood that the purpose of this excursion is educational. Lessons are mandatory.

### INHERENT RISK

Skiing/Snowboarding/other is a sport with physical demands and inherent risks which are beyond the control of \_\_\_\_\_(Name of Resort)\_\_\_\_\_, and \_\_\_\_\_(Name of School Board)\_\_\_\_\_. Falls, collisions and other incidents may occur which result in serious injury or death. Participants *must assume* the inherent risks of the sport.

Following all rules and procedures can reduce the risk of injury. Failure to follow the rules will result in the student losing their lift ticket and future resort privileges.

### EQUIPMENT

\_\_\_\_\_(Name of Resort)\_\_\_\_\_ provides rental equipment. Bindings on equipment reduce the risk of injury when falling. They will not release under all circumstances and they do not guarantee safety in all cases. Parents must accept responsibility for equipment that is lost or damaged (other than reasonable wear and tear).

**All participants must wear an appropriate snow sport helmet for school excursions to OSRA member facilities. OSBIE recommends that schools adopt a mandatory snow sport helmet policy regardless of ski facility locations.**

### ALPINE RESPONSIBILITY CODE

The Ontario Snow Resorts Association has produced a Responsibility Code which \_\_\_\_\_(Name of Resort)\_\_\_\_\_, and \_\_\_\_\_(Name of School Board)\_\_\_\_\_ requires that you know and obey. Skiers (Snowboarders) always must be in control and be able to stop and change direction to avoid collisions with people or objects.

\_\_\_\_\_(Name of Resort)\_\_\_\_\_ may revoke a ski ticket for violation of the code or other unacceptable conduct.

### ACKNOWLEDGEMENT

**WE HAVE READ AND UNDERSTAND THESE WARNINGS AND HAVE IDENTIFIED MY CHILD'S SKI/SNOWBOARDING CLASSIFICATION (SEE REVERSE) AS:**

**(Choose one only - Non-Skier/Snowboarder/Snowblader - Beginner - Intermediate - Advanced)**

DATED: \_\_\_\_\_

SIGNATURE OF STUDENT: \_\_\_\_\_

SIGNATURE OF PARENT/GUARDIAN: \_\_\_\_\_

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### PERMISSION

I give my son/daughter \_\_\_\_\_ permission to participate in \_\_\_\_\_Ski/Snowboard/OTHER\_\_\_\_\_ (write in specific Snow Sport) to be held at (name of Resort)\_\_\_\_\_

DATED: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_

**TO BE COMPLETED IN DUPLICATE - 1 COPY FOR SCHOOL FILE /1 COPY FOR SKI RESORT**



## **SKILL CLASSIFICATION                      APPENDIX # 2**

All students must be classified according to the following plan. These stages are consistent with the operations of member ski resorts of the Ontario Snow Resorts Association. The classifications must appear on the Parent Consent Form and be checked off by the parents. (Appendix –1)

**NON-SKIER/SNOWBOARDER:** has never skied/snowboarded/snowbladed/etc. before (write name of sport on following line) \_\_\_\_\_

**BEGINNER:** The student has skied/snowboarded/snowbladed/other (write name of sport on following line)\_\_\_\_\_ once or twice or a few times per year and has experienced and maintained control on a number of novice hills of varying difficulty. He/she is able to stop and turn with some success.

**INTERMEDIATE:** The student has skied/snowboarded/snowbladed/other (write name of sport on following line)\_\_\_\_\_ on many occasions and has experienced a variety of hills and different ski areas. He/she can turn and stop under control using recognized formal techniques.

**ADVANCED:** The student is an experienced and competent skier/snowboarder/snowblader/other (write name of sport on following line)\_\_\_\_\_. He/she has received formal instruction, knows and understands the Responsibility Code and can demonstrate ability at an advanced level. Such students can be called upon to assist supervisors.

### **SKI HELMETS MAY PREVENT HEAD INJURIES!**

**All participants must wear an appropriate snow sport helmet for school excursions to OSRA member facilities.**

**OSBIE recommends that schools adopt a mandatory snow sport helmet use policy regardless of facility locations.**

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#### APPENDIX

OSBIE Ski Package

Effective Date – September 2009

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**APPENDIX # 3**

**NAME OF SKI RESORT:** \_\_\_\_\_

**EQUIPMENT RENTAL AGREEMENT**

THE UNDERSIGNED AGREES to accept full responsibility for the care of the equipment listed in this form while it is in the possession of:

\_\_\_\_\_  
(Student Name)

THE UNDERSIGNED AGREES to reimburse the resort for any loss or damage to the equipment other than reasonable wear resulting from its use by:

\_\_\_\_\_  
(Student Name)

INDICATE EQUIPMENT TO BE RENTED:

Skis - YES\_\_\_ NO\_\_\_

Boots – YES\_\_\_ NO\_\_\_

Poles - YES\_\_\_ NO\_\_\_

Snowboard - YES\_\_\_ NO\_\_\_

Helmet - YES\_\_\_

- Will bring appropriate snow sport helmet \_\_\_

Other – Please Indicate \_\_\_\_\_

Dated: \_\_\_\_\_

Name of School: \_\_\_\_\_

\_\_\_\_\_  
SIGNATURE OF PARENT

\_\_\_\_\_  
SIGNATURE OF STUDENT



## LIFT USE GUIDELINES

## APPENDIX # 4

To ensure that all school students enjoy a good day of skiing/snowboarding also means that they use both chairlifts and surface lifts safely.

1. Where applicable only those students who received an approval from the snow school staff, may use other lifts than those designated as beginner lifts.
2. All students must be aware and obey signs posted around the lift loading and unloading areas and along the tow path.
3. While waiting their turn in a lift line, students must refrain from horseplay and prepare themselves for loading.
4. When approaching a loading area, obey instructions given by a lift operator and make sure the ski/lift ticket is properly displayed.
5.
  - a) When riding a chairlift, **students must always use the restraining bar.**
  - b) Students must never bounce or rock chair in any way, and must remain seated facing uphill at all times.
  - c) Students must never, under any circumstances, jump from chairs.
  - d) If a chairlift stops, remain calm and wait until it restarts. In case of an emergency evacuation students are to remain calm and follow all instructions given by resort employees.
  - e) When approaching an unloading area students must not lift restraining bar until instructed to do so by posted signs.
  - f) When students clear the ramp, they must move away from the area adjacent to unloading ramp immediately.
6.
  - a) When riding a surface lift, students must always remain in the designated tow path and never attempt to slalom or to zig-zag on the way to the top.
  - b) To unload anywhere outside of a designated unloading area must be avoided unless the lift stops and students are instructed to do so by the patrol or resort employees. In such an event, everyone is to leave the tow path as quickly as possible.

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### APPENDIX

OSBIE Ski Package

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- c) Any student who falls while riding a surface lift, must clear the path immediately, so as not to interfere with others.
  - d) To ski/snowboard down a lift tow path is dangerous and strictly prohibited.
7. Students must always:
- a) display their ski/lift ticket;
  - b) follow all instruction given by resort staff;
  - c) behave in a responsible manner;
  - d) be courteous to other students, other skiers, and resort personnel;
  - e) be aware of and abide by posted Alpine Responsibility Code.
  - f) use only trails identified by the snow school instructor as appropriate for your ability. Know your group and the teacher or volunteer supervisor assigned to your group.

Behavior contrary to the above instruction will endanger offenders just the same as other users and may result in a serious injury. **With no exception any and all offenders will lose their lift and trail privileges.**



**RELEASE AND INDEMNITY AGREEMENT                      APPENDIX # 5  
**FOR SCHOOL SKI/SNOWBOARDING COMPETITIONS - RACING  
**- TRAINING - COMPETITIVE PROGRAMS******

**READ VERY CAREFULLY BEFORE SIGNING**

I, (Name of Participant), in consideration of being allowed to participate in the (Name of Competition or Program) at (Resort Name) and any preparatory training therefore, do hereby release and agree to hold harmless and indemnify the directors, officers, shareholders, agents, servants, employees of, (Name of Resort), and (Name of School Board), from all claims, actions, or damages without any limitation whatsoever, whether consisting of loss, personal injury, property damage, or death, that does or may result in any way from my participation in these competitive sporting events or programs, assuming myself any and all responsibility and liability for same. I further agree to indemnify and hold harmless all of those above names from any damages or costs or expenses whatsoever which they or any of them may sustain as a result of any claim brought by anyone against any of them as a result of my preparation for and/or participation in these competitive sporting events or programs.

I specifically agree that before any given competition takes place I will, if I so desire, inspect all areas involved in the competition, fully realizing, accepting and understanding that competitive skiing/snowboarding in general and of this type in particular is inherently risky and dangerous, as are preparations, practice, or training for such events.

I, as a participant, completely understand that the above paragraphs constitute a covenant and a promise on my part to fully discharge all of the above named parties from any and all liability of any kind for any injuries, loss, damage, or death which may result from my participation in these competitive sporting events or programs.

This release is binding, and I so understand, not only upon myself but upon my heirs, administrators, executors, and assigns, and I herewith again reaffirm my free and willing intent to exercise it, acknowledging a complete understanding of its terms and conditions and the totality of its effect, and the totalness of the waiver of any rights that I would otherwise have had, had this agreement not been executed

For day skiers/snowboarders: I acknowledge and acceptance is hereby made of the waiver printed on the ski ticket.

Dated at \_\_\_\_\_ this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Participant

\_\_\_\_\_  
Parent (Guardian)

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APPENDIX

OSBIE Ski Package

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# ALPINE RESPONSIBILITY CODE



THERE ARE ELEMENTS OF RISK THAT COMMON SENSE AND PERSONAL AWARENESS CAN HELP REDUCE. REGARDLESS OF HOW YOU DECIDE TO USE THE SLOPES, ALWAYS SHOW COURTESY TO OTHERS. PLEASE ADHERE TO THE CODE LISTED BELOW AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A SAFE OUTDOOR EXPERIENCE.

- 1** *Always stay in control. You must be able to stop, or avoid other people or objects.*
- 2** *People ahead of you have the right-of-way. It is your responsibility to avoid them.*
- 3** *Do not stop where you obstruct a trail or are not visible from above.*
- 4** *Before starting downhill or merging onto a trail, look uphill and yield to others.*
- 5** *If you are involved in or witness a collision or accident, you must remain at the scene and identify yourself to the Ski Patrol.*
- 6** *Always use proper devices to help prevent runaway equipment.*
- 7** *Observe and obey all posted signs and warnings.*
- 8** *Keep off closed trails and closed areas.*
- 9** *You must not use lifts or terrain if your ability is impaired through use of alcohol or drugs.*
- 10** *You must have sufficient physical dexterity, ability and knowledge to safely load, ride and unload lifts. If in doubt, ask the lift attendant.*

**Know the Code - Be Safety Conscious  
It is Your Responsibility**



# CROSS COUNTRY RESPONSIBILITY CODE

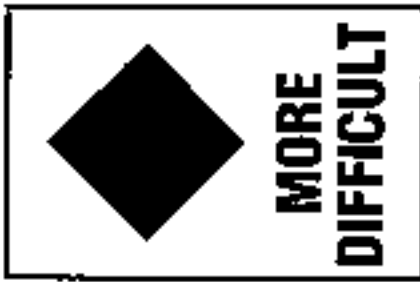


THERE ARE ELEMENTS OF RISK THAT COMMON SENSE AND PERSONAL AWARENESS CAN HELP REDUCE. REGARDLESS OF HOW YOU DECIDE TO USE THE TRAILS, ALWAYS SHOW COURTESY TO OTHERS. PLEASE ADHERE TO THE CODE LISTED BELOW AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A SAFE OUTDOOR EXPERIENCE.

- 1** *Always check posted trail conditions.*
- 2** *Ski in indicated direction and obey all posted signs and warnings. Keep off closed trails.*
- 3** *Always ski to right when meeting on-coming skiers.*
- 4** *Yield the track to faster skiers and skiers calling 'track'.*
- 5** *Ski in control. On two-way trails descending skiers have the right-of-way.*
- 6** *Do not stop where you obstruct a trail or are not visible to others. Move off the track quickly if you fall or during rest stops.*
- 7** *Do not litter. Take out what you pack in. Respect all property.*
- 8** *Report all incidents.*

**Know the Code - Be Safety Conscious  
It is Your Responsibility**





# FREESTYLE TERRAIN



## READ THIS!!!

### FREESTYLE SKILLS REQUIRED

Freestyle Terrain may contain jumps, hits, ramps, embankments, fun boxes, jibs, rails, half pipes, quarter pipes, snowcross, freestyle bump terrain and other constructed or natural terrain features. Freestyle skill involves maintaining control on the ground and in the air. Prior to using Freestyle Terrain, it is your responsibility to familiarize yourself with all instructions and warnings and to follow the Alpine Responsibility Code.

- The features vary in size and difficulty and change constantly due to snow conditions, weather, usage, modifications, grooming and time of day. It is your responsibility to inspect these features before use and throughout the day.
- You control the degree of risk you will encounter in using these features both on the ground and in the air. Do not attempt these features unless you have sufficient ability and experience to do so safely.
- Helmets are recommended.
- Only one person should use a feature at a time. Wait your turn and call your start. Do not jump blindly and use a spotter when necessary. **LOOK BEFORE YOU LEAP!** Always clear the landing area quickly.
- Always ride or ski in control and within your ability level.
- Individual features are closed for a reason. Do not enter the Freestyle Terrain or use features when closed.

**Freestyle Terrain use, like all skiing and snowboarding, exposes you to the risk of serious injury.**

**AIRBORNE MANOEUVRES INCREASE THE RISK  
INVERTED AERIALS SUBSTANTIALLY INCREASE THE  
RISK OF SERIOUS INJURY AND ARE NOT PERMITTED**

**When using the freestyle terrain, you assume the risk of any injury that may occur. The ski area operator's liability for all injury or loss is excluded by the terms and conditions on your ticket or season pass release of liability.**

This Park contains the following features

**M L**

**LOOK BEFORE YOU LEAP!**

Freestyle Terrain has four levels of progression and designation for size. Start small and work your way up. It is your responsibility to familiarize yourself with the terrain before attempting any of the features.

Designations Are Relative To This Resort



- Introductory freestyle terrain
- Small features, surface-level rails & boxes
- Less Difficult features



- Small to medium size features
- Ride-on rails & small to medium half pipe
- Difficult features



- Medium to large size features
- Introduction to jump-on rails
- Rails with gaps & narrow surfaces
- Large half pipe
- More Difficult features



- Largest size features & jumps
- Jump-on rails with gaps & narrow surfaces
- Advanced and Experts only
- Most Difficult features



This Park contains the following features

**LOOK BEFORE YOU LEAP!**

Freestyle Terrain has four levels of progression and designation for size. Start small and work your way up. It is your responsibility to familiarize yourself with the terrain before attempting any of the features.

Designations Are Relative To This Resort



- Introductory freestyle terrain
- Small features, surface-level rails & boxes
- Less Difficult features



- Small to medium size features
- Ride-on rails & small to medium half pipe
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- Medium to large size features
- Introduction to jump-on rails
- Rails with gaps & narrow surfaces
- Large half pipe
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- Largest size features & jumps
- Jump-on rails with gaps & narrow surfaces
- Advanced and Experts only
- Most Difficult features

# ENJOY A SAFE

### 1 LOOK



Illustration showing a group of people looking at a vehicle's side door. A sign below the illustration reads: "Look for the 'X' on the side door." and "Select the correct side door." with a question mark icon.

Illustrations showing people loading items into the side door. A sign reads: "HABBY: Please Use the Side Door." and "Please Use the Side Door." with a 'no top loading' icon.

### 2 LOAD



Illustration showing people loading items into the side door. A sign below the illustration reads: "Please Use the Side Door." and "Please Use the Side Door." with a 'no top loading' icon.

### 3 LOWER



Illustration showing people lowering items from the side door. A sign below the illustration reads: "Please Use the Side Door." and "Please Use the Side Door." with a 'no top loading' icon.



Illustration showing people lowering items from the side door. A sign below the illustration reads: "Please Use the Side Door." and "Please Use the Side Door." with a 'no top loading' icon.

### 4 LIFT



Illustration showing people lifting items from the side door. A sign below the illustration reads: "Please Use the Side Door." and "Please Use the Side Door." with a 'no top loading' icon.

### 5 STAND



Illustration showing people standing near the side door. A sign below the illustration reads: "Please Use the Side Door." and "Please Use the Side Door." with a 'no top loading' icon.

### 6 LEAVE



Illustration showing people leaving the side door area. A sign below the illustration reads: "Please Clear Unload Area." and "Please Clear Unload Area."

# ENJOY A SAFE

# ROUNDRY RIDE



# ENJOY A SAFE T-BAR RIDE

SKIERS

**1 LOOK**



**2 LOAD**



**3 STAND**



**4 RIDE**



**5 UNLOAD**



**6 LEAVE**



SNOWBOARDERS

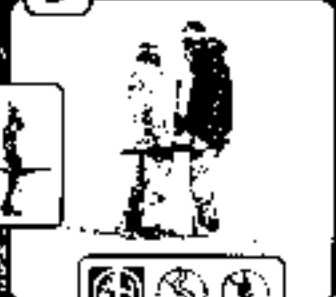
**1 LOOK**



**2 LOAD**



**3 STAND**



**4 RIDE**



**5 UNLOAD**



**6 LEAVE**

